



KGV

sodexo
at SCHOOL

“
MAKE YOUR VOICE HEARD
 Every voice matters
 ”

GIVE YOUR FEEDBACK TO US



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sodexo
at SCHOOL

MENU MECHANISM



All our meals are **Nuts Free**



All our eggs are **Cage Free**



Discover **Locally Made** products



Savor **Low Carbon** footprint produce



Ingredients good for **Planet & Health**



GO & ENJOY

OK BUT THINK

BE CAUTIOUS

All our menus are reviewed by our nutritionists and tailored to the nutritional requirements of specific age groups.

Our **Food Traffic Light** will guide students in making informed meal choices.

ALLERGEN ALERT & FOOD ICONS







A Healthy and Balanced Diet Every Day!

sodexo
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Sodexo Hong Kong Website



Sodexo Instagram

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood. While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

March 23 - 27

WEEKLY MENU



23/03 Monday

24/03 Tuesday

25/03 Wednesday

26/03 Thursday

27/03 Friday

SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)

Meal A \$41 Takeaway \$38 Dine-in 	Braised Chicken Thigh in Sweetcorn Sauce w/ Rice 	Beef Rendang w/ Rice 	Homemade BBQ Pork w/ Rice	Greek Lemon Chicken w/ Pasta OR Rice	Tori Karaage w/ Cross Trax Fries [\$47]
Meal B \$41 Takeaway \$38 Dine-in 	Beef Stroganoff w/ Rice OR Pasta	Tomato & Bacon Pasta	Braised Chicken & Leek in Black Bean Sauce w/ Rice	Greek Pork Stifado w/ Rice OR Pasta	Baked Fish Fillet in Tomato Concasse w/ Pasta OR Rice
Meal C \$38 Takeaway \$35 Dine-in 	(Vegan) Mexican Mixed Bean Stew w/ Rice 	(V) Stir-fried Egg Noodle w/ Assorted Vegetable 	(V) Truffle Mushroom Pasta 	(V) Vegetarian Chicken in Sweet & Sour Sauce w/ Rice 	(V) Braised Tofu w/ Assorted Vegetable, Rice

BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm

Bowl \$41	Zha Jiang Mian	Shanghainese Soup Noodle w/ Chicken (Pre-order Available) 	Tteok-Bokki 	Taiwanese Soup Noodle w/ Beef Brisket (Pre-order Available) 	Yeung Chow Fried Rice
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LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm

Salad Box \$36 	Grilled Bacon Caesar 	(V) Japanese Cold U-don in Sesame Dressing 	Potato & Chicken Salad in Thousand Island Dressing 	Greek Salad 	Thai Beef Salad in Sweet Chili Sauce
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PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm

Pizza A \$30 	Ham & Cheese 	Pepperoni & Cheese 	Bacon & Cheese 	Chicken & Mushroom 	Meat Lover
Pizza B (Vegetarian) \$30 	(V) Trio Cheese 	(V) Marinara 	(V) Margherita 	(V) Trio Cheese 	(V) Marinara



Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices



From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus



March 23 - 27

WEEKLY MENU



		23/03 Monday			24/03 Tuesday			25/03 Wednesday			26/03 Thursday			27/03 Friday		
Nutrition Information (per 100g)		Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Braised Chicken Thigh in Sweetcorn Sauce w/ Rice				Beef Rendang w/ Rice			Homemade BBQ Pork w/ Rice			Greek Lemon Chicken w/ Pasta OR Rice			Tori Karaage w/ Cross Trax Fries		
	152	11	6	174	8	12	140	8	5	167	11	7	269	10	15	
Meal B	Beef Stroganoff w/ Rice OR Pasta				Tomato & Bacon Pasta			Braised Chicken & Leek in Black Bean Sauce w/ Rice			Greek Pork Stifado w/ Rice OR Pasta			Baked Fish Fillet in Tomato Concasse w/ Pasta OR Rice		
	183	9	10	162	10	9	110	5	4	154	10	6	137	8	4	
Meal C	(Vegan) Mexican Mixed Bean Stew w/ Rice				(V) Stir-fried Egg Noodle w/ Assorted Vegetable			(V) Truffle Mushroom Pasta			(V) Vegetarian Chicken in Sweet & Sour Sauce w/ Rice			(V) Braised Tofu w/ Assorted Vegetable, Rice		
	129	8	2	190	5	7	198	6	12	189	8	10	127	7	4	
Bowl	Zha Jiang Mian				Shanghainese Soup Noodle w/ Chicken (Pre-order Available)			Tteok-Bokki			Taiwanese Soup Noodle w/ Beef Brisket (Pre-order Available)			Yeung Chow Fried Rice		
	168	6	9	128	11	5	188	5	9	158	8	9	139	6	7	
Salad Box	Grilled Bacon Caesar				(V) Japanese Cold U-don in Sesame Dressing			Potato & Chicken Salad in Thousand Island Dressing			Greek Salad			Thai Beef Salad in Sweet Chili Sauce		
	196	10	13	165	10	5	197	2	9	111	3	9	110	5	5	



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